

Burning Man

What to Bring

MECO



- Head Lamp
- [Shemagh](#) – helpful for when on the playa to keep from breathing in the playa dust
- Sunglasses and goggles if you have them to protect your eyes on the playa.
- Medications
- Insect Repellent and Anti-Itch Cream
- Flashlight
- [Stryker - Sage Essential Bath Cleansing Washcloths](#) – for when you're unable to shower
- Old Shoes to wear while on the playa (they get really dirty and the playa dust cakes onto your shoes)
- Light jacket or hoodie and a heavy coat (the temperature can drastically change at night)
- Sunscreen
- Toiletries
- Raincoat or poncho
- Snacks and soft drinks you like
- Non-perishable food items for in-between meals (Like canned food (can opener), peanut butter, nuts, salty food for electrolytes, etc)
- Small cooler for drinks and lunch to bring with you while you work
- Phone charger
- Laundry Detergent